



## Emmanuel Lutheran Church

1229 Jefferson Heights Road, Pittsburgh, PA 15235

[eastmontelc@hotmail.com](mailto:eastmontelc@hotmail.com)

[www.emmanuel Lutheran eastmont.org](http://www.emmanuel Lutheran eastmont.org)

412-824-4525 (office); 412-401-5742 (Pastor's cell)

Office Hours: Wednesday 10-2, Thursday 11-1

May 6, 2026

**This is a double mailing. Bulletins for May 10 and May 17 are included.**

---

So far, so good. I had the first cataract surgery on April 27. The surgery for the other eye is Wednesday, May 13. All is going well. I cannot drive, but I can do almost everything else. Thank you for your prayers and patience. There are no office hours this week.

*Pastor Linda*

Bread for the World, a Christian Advocacy Organization, established in the 1970's reminds us of the gift of citizenship in a democracy which gives us freedom to make known our values and our commitment to our elected officials in government. This year's Offering of Letters will be collected on Sunday May 17. Guidance for writing your letters will be provided on **Sunday May 10. Writing these letters saves lives.** This year Emmanuel is doing our Bread for the World Offering of Letters on Mother's Day because the programs we will write about directly benefit mothers and children. Instructions and a sample letter are at the end of the announcements.



---

### Mother's Day Litany --

Creating and nurturing God, we pray in gratitude for our mothers and for all of those who have shown the courage and love that you show us as they nurture, teach and care for others in body or in spirit.

**We are grateful for the wonder of bringing forth new life and give thanks for the awe and joy that a child can bring.**

This day we celebrate those who find joy and offer compassion for those for whom the day is difficult.

**To the Moms who are struggling, to those filled with incandescent joy, we pray for your wisdom.**

To the Moms who are remembering children who have died, and pregnancies that miscarried, we pray for your comfort.

**We pray for those experiencing frustration or desperation in infertility and those who never could conceive and still feel that hurt.**

We give thanks for the Moms who decided other parents were the best choice for their babies, and the Moms who adopted those kids and loved them fiercely.

**We give thanks for the mothers who are parenting grandchildren or great grandchildren, even though they are tired to the bone.**

We give thanks for spiritual and intellectual mothers who teach us life lessons and love of Jesus.

We pray for comfort for those grieving mothers no longer with us.

**We remember those recovering from neglectful or abusive mothers who did not show love, or hurt those they should have cared for.**



Today is a day to honor the unyielding love and care for others we call 'Motherhood,' wherever we have found it and in whatever ways we have found to cultivate it within ourselves.

---

## Worship and pray

Come in person at 10 am every Sunday

**By phone:** Call 312-626-6799. When prompted, enter the meeting ID 923 3815 0341.

**By computer or smartphone:** Go to [www.zoom.us](http://www.zoom.us). Enter Meeting ID 923 3815 0341.

**At home without technology:** Read the bulletin. Read the Scripture. Pray. Meditate.

---

## The Holy Spirit and the Story of PENTECOST

**Sunday, May 17, at 1 pm.** Optional lunch at 12 noon.

**You can participate in person or via zoom.** To join via zoom, use the Emmanuel class link:

<https://us06web.zoom.us/j/89760867900> Meeting ID: 897 6086 7900

---



**The Pentecost Festival on May 24** will be a special day at Emmanuel.

We are celebrating the Holy Spirit!

There is a baptism!!

Guest musician Johann Díaz will accompany the singing on the viola.

After the service, we feast with have cheesecake.

Please wear red to celebrate the Holy Spirit!

---

**PENTECOST** is on **Sunday, May 24**. If you'd like to order red geraniums to decorate the sanctuary for Pentecost, call the church office 412-824-4525 or use the sign-up sheet in the entryway. The cost for each geranium is \$4.50, and the last day to order is Sunday, May 17, 2026.



**Red Geraniums  
for Pentecost**



**TO ORDER ALTAR FLOWERS** or to **MAKE A PRAYER REQUEST** CALL THE CHURCH OFFICE 412-824-4525

**THANK YOU FOR YOUR GENEROUS GIVING.**

**You may give in person, send a contribution in the mail or donate online.**

Go to <https://www.emmanuelutheraneastmont.org/> and you'll see the link.

Or use the QR code for easy connection on your smart phone.

---

**Sunday, May 10** -- Mother's Day/Bread for the World offering of letters

**Sunday, May 17, 1-2:30 pm** – Pastor Ken's Class

**Sunday, May 24** – Pentecost

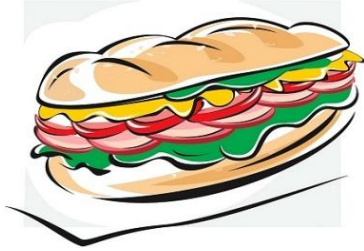
**Monday, June 8, 1:00 pm** -- Council Meeting



**1:00-2:30 pm – Tuesday, May 26, 2026**  
Zion Lutheran Church,  
11609 Frankstown Road

**GATHER BIBLE STUDY** -- Join other women in the eastern suburbs for a monthly Bible study on the fourth Tuesday of each month at 1:00 pm. We meet at Zion Lutheran Church in Penn Hills. The May study explores the many I AM statements in the Gospel of John. Jesus says, I am the good shepherd, bread of life, gate, light of the world, the way and more.

---



### **Meals for Friends Hoagie Sale – Thursday, June 11**

Meals for Friends is once again selling delicious Triangle Bar and Grill Hoagies. Hoagies cost \$7.00 each and can be ordered with or without onions. You can pick up your hoagies on June 11 between noon and 2 pm at Emmanuel. **Place your order by June 8** via email [mealsforfriendswilkins3@gmail.com](mailto:mealsforfriendswilkins3@gmail.com) or by calling 412-824-2400.

---

### **Emmanuel's Mission Statement:**

*Gathered by the Holy Spirit, Emmanuel is called by God to worship the Lord Jesus Christ with a Lutheran emphasis on God's grace and forgiveness. As people who have received God's mercy, we support each other in faithful living. Emmanuel's purpose is to welcome ALL people into its fellowship, to share the Good News with ALL people, to strive for peace and justice in ALL the world, and to serve ALL people following Christ's example.*



---

### **Directions for Preparing a Letter for the Bread for the World Offering of Letters**

The body of a sample letter is provided. Use as is or revise to add your own words.

Handwritten letters are encouraged. Or you may print the sample letter. Please add a personal note expressing why you are making these "asks."

The date provided in the sample letter is the date when the Offering of Letters will be collected at Emmanuel.

All letters will be hand delivered to your elected officials' offices in Washington DC.

Again, the body of a sample letter is provided.

- Add addressee: Senators and your representative. We all have the same two senators which are John Fetterman and David McCormick. You select the representative that serves your area. Addresses are provided below.
- Complete salutation: Dear Senator or Dear Representative.
- Sign your name. Under your name provide your address.

You are encouraged to write three letters. If you are able to write only one, write to Senator McComick.

The Honorable John Fetterman  
142 Russell Senate Office Building  
Washington, DC 20510

The Honorable David McCormick  
702 Hart Senate Office Building  
Washington, DC 20510

The Honorable Summer Lee  
2437 Rayburn House Office Building  
Washington, DC 20515

The Honorable Chris Deluzio  
1222 Longworth House Office Building  
Washington, DC 20515

The Honorable Guy Reschenthaler  
2209 Rayburn House Office Building  
Washington, DC 20515

---

May 17, 2026

Dear

Hunger is rising and children are at risk. It's time to act.

As a person of faith, I believe every child is created in the image of God and deserving of dignity and opportunity. As your constituent, I urge you to make ending hunger a top priority.

Specifically, I ask you to:

- **Restore, protect, and strengthen** U.S. nutrition programs—including SNAP and WIC—that help families put food on the table;
- **Fully fund and strengthen** global food, health, and development programs that promote human flourishing and help keep America safe, strong, and prosperous;
- **Pass a strong, bipartisan Farm Bill** that supports farmers, strengthens communities, and helps end hunger at home and overseas.

Hunger is not inevitable. It's a reflection of our priorities and policy choices. Cuts to SNAP and international assistance have already put millions at risk. We can and must do better.

In Matthew 14:16, the disciples asked Jesus to send the hungry crowd away. He replied, "You give them something to eat." Today, that same call comes to us. As hunger grows in our midst, we must act.

I look forward to hearing how you will prioritize legislation and funding to help end hunger — for our children, our communities, and our world.

Sincerely,